

# Dogs breeds that have a longer life span

Dogs make the best pets for humans. They are faithful, adorable, and help manage your depression and anxieties. Many people prefer to keep dogs as pets than any other animal. Dogs have various breeds, and each one of them is blessed with different qualities.

It is not possible for every person to own a dog in developed countries. It requires emotional strength and financial support to look after the pet. Many people are diagnosed with mental health problems, and they are prescribed to keep pets, especially dogs, for managing their anxiety and depression. An [esa letter](#) is issued by a licensed mental health professional. You can use this letter to keep your dogs or other pets with you wherever you go.

Most people develop an emotional affiliation with their dogs, and they want them to have a prolonged life. An already depressed individual who has been prescribed to keep dogs or other pets can become more depressed if he loses them. Therefore, the choice of a pet should be made after proper research.

Dogs that have a longer life span require a balanced diet. **CBD oil for dogs** though it is not clinically approved, many dog owners have declared it useful for their dogs. The oil can be extracted from Hemp and marijuana; however, the one extracted from hemp is the most effective and useful.



## **Important dogs breeds**

Dogs in specific should be selected on account of their breeds. Before selecting dogs as pets, most people ask this question: **how long do dogs live?** Different breeds of dogs have different life spans. Some of them live longer, and some have a short life span. Following are some dog breeds that can live longer:

### **Chihuahua**

Chihuahuas are the longest living dog breeds. They can live for over 15 years, with most of them living till 20 years. They are tiny in size and require rigorous mental stimulation, exercise, and training. They are mostly healthy, except for a few cases which develop eye and heart diseases. There are certain breeds that can live for over 20 years.

### **Dachshund**

Just as the Chihuahua, Dachshund can also live longer than 15 years. Chanel, who was a dachshund, lived for 21 years and set a Guinness world record for the longest living dog. But age-related health issues arise, mainly obesity and back issues, are bound to arise. They require continuous sessions of physical and mental exercises daily to live that long.

### **Toy Poodle**

The toy poodle is an extremely intelligent pet and that's why it is one of the most favorite family pets. But, they require continuous mental stimulation and are very energetic. It is very common for a toy poodle to reach the age of 18 years. Just as humans, dogs also require emotional stability for their health.

### **Jack Russell terrier**

It is a small breed and can live for more than 16 years. This breed was bred for working, and it is evident from the level of drive and energy they have. They need love and affection for a healthy life.

## **Shih Tzu**

Shih Tzu commonly lives to 15 years old. They are extremely adorable and friendly. They require short daily walks and were bred to be companions. Because of their long coats, they need daily brushing and should be clipped regularly or as Prescribed in an [emotional support animal letter](#).

The aforementioned dog breeds are the most popular among long-living dog breeds. They require attention and care to live longer. Some other breeds like Maltese, Yorkshire Terrier, Pomeranians, Shiba Inu, and Australian cattle dogs also have a long life span.

All these breeds are friendly and faithful. They are extremely adaptive to new environments. Their life span is highly dependent on how they are taken care of. The 15-year milestone is achieved only if they are treated well.

### **Useful Resources:**

[8 Important Things For An ESA Owner | Productive Guide](#)

[Productive Guide Towards Introduction to an ESA](#)

[Helpful Guide Towards 20 Unbelievable Emotional Support Animals](#)

[The best technique to Take Care Of Your ESA | Supportive Guide](#)

[Amazing Benefits of keeping an ESA Dog](#)

[These 7 Cat Breeds Make The Best Emotional Support Animals](#)